As well as keeping up to date with journal literature on your area of interest, have a regular search of the web can be very useful. Google Alerts can help.

Go to [http://www.google.co.uk](http://www.google.co.uk), and click "more" and "even more"

- Scroll down till you find "specialised search", and pick "alerts"

(Alternatively type: [http://www.google.co.uk/alerts](http://www.google.co.uk/alerts) into the URL bar)

- Type your search words in, and chose the options that suit you best - it's that easy!
- You'll receive an email from Google to verify that you wish to set the alert up.
- To manage your alerts - delete or modify - you must login with the Google account that matches the email address that you've used to set up your alerts.

**Help**

[http://tinyurl.com/n3nhcec](http://tinyurl.com/n3nhcec)