

The Little Library Book of Nursing Revalidation



Cambridge University Hospitals 
NHS Foundation Trust

Welcome to the Little Library Book of Nursing Revalidation

Here you will find suggestions for books, websites, and other resources which offer information on professional revalidation for nursing, and tips on how to search for relevant evidence.

If you'd like help using any of the resources listed, if you'd like to know about other available revalidation resources, or you need help with finding information for your work or studies, please contact your local East of England Health Libraries service.

Contact details for each library are here:

<http://www.eel.nhs.uk/>

The University of Cambridge Medical Library can be contacted in the following ways:

Phone: 01223 336750

Email: library@medschl.cam.ac.uk

Training email (to book training): librarytraining@medschl.cam.ac.uk

Twitter: @cam_med_lib

More information can be found at the library website:

<http://library.medschl.cam.ac.uk/>

How to Find Evidence to Support Revalidation

Where could you look for evidence?

Colleagues.
Reference Lists.
East of England NHS Libraries.
Cochrane Library.
PubMed / Medline.
PsychInfo.
Cinahl.
BNI.
AMED.
Social Care Online.
TRIP Database.
Google Scholar.

The Medical Library has links to lots of relevant and useful databases here:
<http://library.medschl.cam.ac.uk/research-support/databases/>

What type of evidence could you search for?

Background.
Case studies.
Clinical trials.
Conference papers.
Continuing Professional Development.
Drug information.
Expert opinion.
Guidelines.
Longitudinal studies.
Qualitative or Quantitative.
Research papers.
Review papers.
Specific country, setting or timeframe.
Systematic reviews.
Supplier information.
Websites.

How do you convert your question into a search?

Identify key concepts using search tools such as PICO : Problem/Patient/Population, Intervention, Comparison, Outcome.
Identify all the keywords, phrases and terminology relevant for each concept.
Use subject headings such as MeSH.
Look at broader, narrower and related concepts.
Consider alternative spellings and truncated words.

How do you search?

Search more than one resource.
Use a mix of keyword searches and formal subject headings.
Use truncation and wildcards.
Carry out separate searches for each of your key concepts first.
Mix and match your search results.
Limit your search results by year, language, age range etc.
Explode versus focus.
Use citation searches to track who has quoted a particular paper.
Save your search records and search history.
Use email alerts and personalisation services to keep up-to-date on a topic.

Why review the existing evidence?

Find the latest knowledge and thinking on your question.
Identify if someone else has already asked the same question(s).
How well did they conduct their research?
Are their findings relevant or useful to you in answering your question?
Is their research methodology appropriate for your question?
Does the information help you to identify additional questions you should consider?

The Medical Library is here to help

'Teach Yourself' guides to search databases: <http://library.medschl.cam.ac.uk/research-support/teach-yourself-guides/>

Training sessions in the library: <http://library.medschl.cam.ac.uk/research-support/group-training/>

Contact us via email to discuss training and support we can offer:
librarytraining@medschl.cam.ac.uk

How Do You Check if the Evidence is Good?

Use tools such as CASP checklists, to evaluate the quality of the evidence you find:

CASP : Critical Appraisal Skills Programme

www.casp-uk.net/#!/checklists/cb36

How to Read a Paper (BMJ series)

www.bmj.com/about-bmj/resources-readers/publications/how-read-paper

Also available as a physical book: WB 18. 634

<http://tinyurl.com/gwqn7ba>

Books:

Greenhalgh, T. (2014). **How to read a paper : the basics of evidence-based medicine**
(WB 18.634; <http://tinyurl.com/gwqn7ba>)

Grove, S. K. (2013). **The practice of nursing research: appraisal, synthesis, and generation of evidence**
(WY 20.107; <http://tinyurl.com/qtoxo5r>)

LoBiondo-Wood, G., and Haber, J. (2010). **Nursing research: methods and critical appraisal for evidence based practice**
(WY 20.88; <http://tinyurl.com/hrbwap3>)

Moule, P. (2011). **Making sense of research: an introduction for health and social care practitioners**
(WY 20.137; <http://tinyurl.com/je6533b>)

Moule, P. (2015). **Making sense of research in nursing, health and social care**
(W 20.191; <http://tinyurl.com/js8bkv8>)

How to Find Evidence to Support Revalidation

Medical Library website

library.medschl.cam.ac.uk

The website provides you with access to specialist databases such as Medline, BNI, Cinahl, e-journals, and information about training courses offered by the library.

The East of England Libraries website is also full of useful information and resources.

<http://www.eel.nhs.uk/>

Books for revalidation available from the library

A selection of revalidation-related books held by the Medical Library.

Check the library's online catalogue for details of other books available:
www.idiscover.cam.ac.uk

- Baille, Lesley (2014). **Professional values in nursing**
WY 86.73; <http://tinyurl.com/ze3pkpk>
- Connor, Mary (2012). **Coaching and mentoring at work : developing effective practice**
HF5549.54; <http://tinyurl.com/jcn9lnz>
- Cross, Vinette (2006). **Practice-based educator : a reflective tool for CPD and accreditation**
WY 18.99; <http://tinyurl.com/hp7fc3e>
- Davis, Nicola (2011). **Learning skills for nursing students**
- Freshwater, Dawn (2008). **International textbook of reflective practice in nursing**
- Fook, Jan (2007). **Practising critical reflection : a resource handbook**
W 87.19; <http://tinyurl.com/zy5s6zh>
- Ghaye, Tony (2005) **Developing the reflective healthcare team**
W 84.251; <http://tinyurl.com/he8ctsh>
- Ghaye, Tony (2008) **Effective clinical supervision : the role of reflection**
LB 1715.1; <http://tinyurl.com/haka4p7>
- Ghaye, Tony (2000). **Empowerment through reflection : a guide for practitioners and healthcare teams**
WY 87.35; <http://tinyurl.com/hhumpug>
- Ghaye, Tony (2011). **When caring is not enough : examples of reflection in practice**
W 84.352; <http://tinyurl.com/zs7342v>
- Hindmarsh, David (2012). **Professional development for appraisal and revalidation**
- Hull, Cathy (2005). **Profiles and portfolios : a guide for nurses and midwives**

WY 18.135; <http://tinyurl.com/hvxkalq>
Jasper, Melanie (2013) **Beginning reflective practice**
WY 86.61; <http://tinyurl.com/zd47rf9>
Jasper, Melanie (2013). **Professional development, reflection and decision-making in nursing and healthcare**
WY 16.63; <http://tinyurl.com/z8se6sn>
Johns, Christopher (2006). **Engaging reflection in practice**
WY 86.72; <http://tinyurl.com/zauz5wc>
Johns, Christopher (2009). **Guided reflection : a narrative approach to advancing professional Practice**
W 84.402; <http://tinyurl.com/j94s9m2>
Johns, Christopher (2013). **Becoming a reflective practitioner**
WY 16.80; <http://tinyurl.com/zebyp4k>
McGill, Ian (2003). **Action learning handbook : powerful techniques for education, professional development and training**
McKendry, Stephanie (2015). **Critical thinking skills for healthcare**
W 87.18; <http://tinyurl.com/hfkqjhb>
Oelofsen, Natus (2012). **Developing reflective practice : a guide for students and practitioners of health & social care**
W 13.25; <http://tinyurl.com/h99655a>
Rolfe, Gary (2001). **Critical reflection for nursing and the helping professions : a user's guide**
WY 86.26; <http://tinyurl.com/hayram6>
Rolfe, Gary (2001) **Critical reflection in practice : generating knowledge for care**
WY 86.55.2; <http://tinyurl.com/jxbbj2v>
Scaife, Joyce (2010). **Supervising the reflective practitioner : an essential guide to theory and practice**
Schon, Donald (1990) **Educating the reflective practitioner**
LB 1715.1; <http://tinyurl.com/gupsnpa>
Taylor, Beverley (2010). **Reflective practice for healthcare professionals**
WY 100.281; <http://tinyurl.com/hwjsov6>
Timmins, Fiona (2008.) **Making sense of portfolios**
WY 18.170; <http://tinyurl.com/gm2o3j7>
Timmins, Fiona (2011). **Writing your nursing portfolio**
WY 16.93; <http://tinyurl.com/j93y8ab>
Timmins, Fiona (2015). **A-Z of reflective practice**
WY 86.71; <http://tinyurl.com/zvv5xkk>
Westwood, Olwyn (2013) **How to assess students and trainees in medicine and health**
WY 18.160; <http://tinyurl.com/h2ks4qs>

Journals

Many journals are available to you electronically via the East of England Health Libraries website. This is a searchable website to find out which journals you can access:

<https://journals.nice.org.uk/>

You will need an Athens account to access the full text.

Useful article:

Collins, G et al (2015) Using reflection on reading for revalidation. *Nursing Times*, 111: 23/24, 14-16.

Don't forget: to find articles on a topic, you can also search Royal Marsden Manual, Cochrane Library, Medline, CINAHL, BNI, etc. via your Athens account. Contact your library for further information.

**Keep up to date with the
latest health news and find out how accurate the
headlines really are**

Behind the Headlines

www.nhs.uk/News/Pages/NewsIndex.aspx

Evidently Cochrane

<http://www.evidentlycochrane.net/>

Patient.co.uk

<http://patient.info/education>

Social Care Online

www.scie-socialcareonline.org.uk/

**Use Evidence Search to look for research on
revalidation or other topics:**

NICE Evidence

<https://www.evidence.nhs.uk/>

Apps and E-Learning Resources for Revalidation

BBC Webwise www.bbc.co.uk/webwise

Cochrane Learning www.wileyhealthlearning.com/cochrane.aspx

Cochrane Journal Club www.cochranejournalclub.com/

Dignity in Care <http://tinyurl.com/h5wcym4>

E-Learning for Healthcare www.e-lfh.org.uk

FutureLearn <https://www.futurelearn.com>

Health Education England <https://hee.nhs.uk>

NHS Choices Apps Library www.nhs.uk/tools/pages/toolslibrary.aspx

NICE Guidelines app www.nice.org.uk

Open University Open Learn www.open.edu/openlearn/

Key Documents for Revalidation

NMC : The Code : Professional standards of practice and behaviour for nurses and midwives

<http://tinyurl.com/k5mlard>

NMC : Revalidation Workshop (completed templates and forms)

<http://tinyurl.com/ph9r6en>

RCN : NMC Revalidation : next steps : an update from the RCN on NMC revalidation plus FAQs

<http://tinyurl.com/z2leddc>

Useful Websites to Support Revalidation

Chief Nursing Officer England Bulletin

<https://www.england.nhs.uk/category/publications/cno-bulletin/>

Clinical Trials Toolkit (NIHR) www.ct-toolkit.ac.uk/

Health and Care Professions Council www.hpc-uk.org/

NHS Employers Revalidation Resources

<http://tinyurl.com/j3kxvaz>

NMC Revalidation resource from the RCN <https://www.rcn.org.uk/professional-development/revalidation>

Nursing & Midwifery Council www.nmc.org.uk/standards/revalidation

Patient.co.uk mobile apps www.patient.co.uk/mobile

Royal College of Midwives www.rcm.org.uk/watch-our-revalidation-video

Royal College of Nursing <http://rcni.com/workplace/revalidation>

Royal College of Nursing Learning Zone

<http://tinyurl.com/gnkzgyv>

Social Care Institute for Excellence e-learning programmes (including Dementia)

www.scie.org.uk/publications/elearning/index.asp

Social Care Institute for Excellence Social Care TV

www.scie.org.uk/socialcaretv/index.asp

@WeCommunities www.wecomunities.org

@WeNurses on Twitter <https://twitter.com/WeNurses> Hosts regular livechats on subjects related to nursing, including revalidation.

Youtube www.youtube.com : search for nursing revalidation or midwifery revalidation